

THE CANDIDA YEAST ANSWER

The majority of people who have candida do not realize they have it until they become seriously ill. The symptoms are so numerous and seemingly unrelated that it is very perplexing to both doctor and patient.

Candida Albicans is an incredible destroyer of health and is the main missing link in many of our modern day diseases and sub-health conditions. The fact that Candida can rob the body of its nutrition and poison the tissues with its toxins is a major contribution, directly or indirectly to the following list of possible serious conditions:

Acne	Heart Irregularities
Adrenal/Thyroid Exhaustion	Hemorrhoids
Allergies (Airborne/Food)	High/Low Blood Sugar
Anti-social Behavior	Hormonal Imbalance
Asthma/Bronchitis	Hyperactivity
Bad Breath/Body Odor	Indigestion
Bladder/Urinary Infections	Inflammatory Conditions
Bone Loss	Insomnia
Bruise Easily	Irritable Bowel Syndrome
Burning Eyes	Intestinal Pain
Chemical Sensitivity	Iron Deficiency
Cold/Shaky	Joint Pain
Colds & Flu	Lethargic/Laziness
Colitis	Low Blood Sugar
Constipation	Lupus-Type Symptoms
Depression	Malabsorption
Diarrhea	Menstrual Problems
Dizziness	Mood Swings
Dry Mouth/Eyes	Muscle Aches/Degeneration
Dry Skin & Itching	No Sex Drive
Endometriosis	Numbness
Epstein Barr Virus	Over & Under Weight
Extreme Mineral Deficiency	Over-all Bad Feeling
Eyesight Problems	PMS Symptoms
FATIGUE (Chronic)	Poor Memory
Finger/Toenail Fungus	Premature Aging
Food Cravings	Puffy Eyes
Frequent Infections	Respiratory Problems
Gas/Bloating	Skin Rash & Hives
Hair Loss	Thrust/Gum Receding
Hay Fever/Sinus Inflammation	Tingling Sensations
Headaches/Migraines	Ulcers
Heartburn	Vaginal Yeast Infection

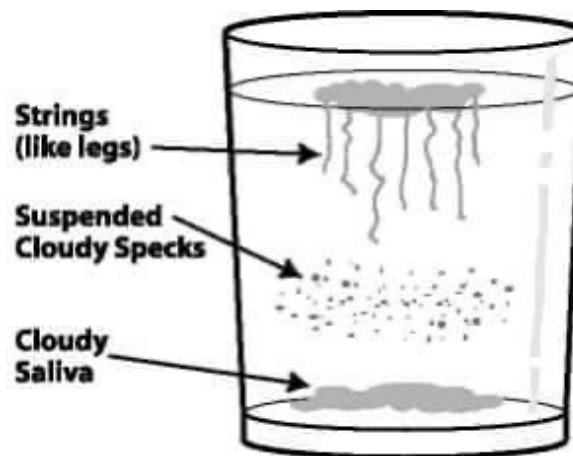
SELF EXAMINATION FOR FUNGUS

The following method of self-examination for systemic fungus, a tremendous breakthrough in detecting precursors that can lead to cancer 2 years before a tumor is formed:

Take the first morning urine in a clear plastic cup, (not Styrofoam). Cover it with one layer of toilet paper and place it in a dark place. In the evening set the cup in your refrigerator (lowest shelf). Secure it so that no one will disturb it. The next morning pour out the urine. Where the air and the urine touched, there will be a fatty waxy ring in the cup if fungus is present in your system. Examine yourself every six months.

SALIVA TEST FOR FUNGAL PRESENCE

Fill a clear glass 2/3rds full of water, work up some saliva and put in the glass on top of the water. Place the glass on the counter by the sink and let sit for an hour. Return and look at the glass from the side, if you can see streamers down through the water, this indicates a potential imbalance of GI yeast and you should consult your practitioner regarding a good Candida Protocol and Phase One Food Program for a minimum of 30 days.



**should be evaluated every 3-6 months/2-4 times per year!*

**The FDA has not evaluated the statements from above. The nutritional suggestions and research provided are not intended to diagnose, treat, cure or prevent disease and should not be used as a substitute for medical advice. Please see your health care provider in all matters pertaining to your health. The professional notes and instructions are provided by the practitioner are the sole responsibility of the practitioner.*

